

*Learn with the experts!  
Sail in Asia*



*Tying a bowline*



*Engine Checks!*

**International  
Yacht  
Training®**

## *'Zero to Hero' Course 1*

*Learn to become a competent Watchleader and  
Sailing Yacht Flotilla Skipper in only 14 days*



Learning is Fun

# Learn to Skipper



Learn Navigation

*This is a fast track course aimed at quickly taking a beginner to a Watch Leader/ Floilla Skipper competency in a two week period. The course is perfect for new yacht owners! The course begins with a Learn to Sail Course (2 days), an International Crew Course, (3 days), a Milecatcher Safari (2 days) and culminates in a Watchleader / Flotilla Skipper IYT (5 day course), with a final day Assessment.*

*The course is designed for students who wish to learn simple coastal navigation and seamanship skills to skipper a sailing yacht in daylight conditions. This course provides both a theoretical and practical understanding of simple navigation as well as seamanship and boat handling skills. The course trains you to become a skipper who can handle a crew, navigate safely and take command of a vessel in fair weather in safe coastal waters. The 14 day course is structured to ensure the novice skipper becomes proficient and confident. This is a serious but fun course with quality IYT teaching in an idyllic location.*

*The course is taught by IYT Instructors who have many years of boating experience, all over the world. Sail in Asia is unique in that the Chief Instructor is both RYA and IYT qualified. This guarantees that teaching standards and delivery is the highest in Asia. Sail in Asia is the only ONE STOP Shop for yacht training in Asia. Our Zero to Hero Course ensures you are trained more thoroughly so you are more confident!*

*Class size -minimum two persons, Maximum (5 persons). Theory will be taught in both classroom and on the vessel, as appropriate. Course outline below or on [www.sailinasiatraining.com](http://www.sailinasiatraining.com)*

## Course Content

*Meteorology, Nautical terminology, Marina berthing, MOB, Simple navigation, Safety and preparation, Wind Awareness, Sail Handling, Crewing techniques, Rope work and knots, Helming the yacht in clear waters and restricted channels. Use of Engine, Simple maneuvers, anchoring and mooring a boat. Rules of the Road and Victualling a Motor yacht.*

*Watchleader responsibilities: Chart work, Emergency procedures, IRPCS, Tides, IALA Buoyage, Compasses*

## Assessment:

*A day trip on a sailing yacht, planned and executed by the students.*



The sail is luffing



Learning to be a Competent Helm

# IYT Watchleader / Flotilla Skipper

*If this course interests you please review the website [www.sailinasiatraining.com](http://www.sailinasiatraining.com)*

*The International Yacht Training System is a world renowned training standard and is also explained by simply downloading a pdf on the site.*

*Come Sail in Asia and sail with a company that cares!*

*Bookings or enquiries will be answered promptly and you will find an online Syllabus and Knowledge Base that can be easily accessed.  
email. [info@sailinasia.com](mailto:info@sailinasia.com)*

*“Trim the Headsail ” “Watch the luff!”  
Cool, calm, and collected. - The Sail in Asia way!*

