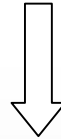


IYT/ SiA POINTS OF SAILING

Wind



No go zone
In this area the sails will flap.

This boat has **Gone About**.
The front of the boat has turned through the wind and the sails have changed sides.

Luffing up. (Turning towards the wind)
Push the tiller towards the sail.
Pull the sail in until it stops flapping

Head to wind
or in irons

Close hauled
If you are going to **Go About** change hands at this point.

Beam reach

Close reach

Broad reach

Training run

Bearing away. turning away from the wind.
Pull the tiller away from the sail.
Let the sail out until it just starts to flap, then pull it in to just stop it flapping

If you are going to **Gybe** change hands at this point.

This boat has gybed
The back of the boat has turned through the wind and the sails have changed sides.

