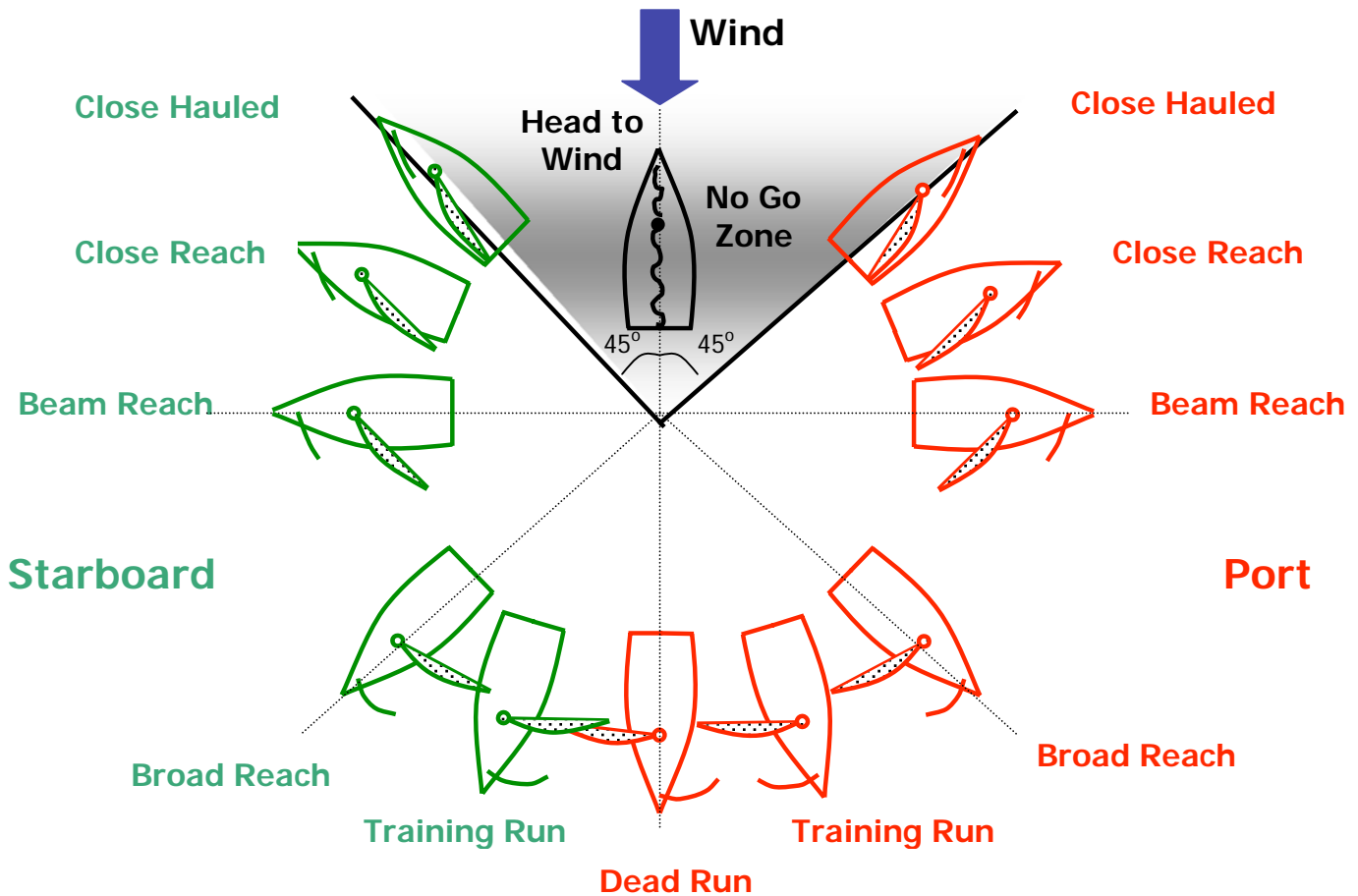


# POINTS OF SAIL



## What is a 'point of sail'?

A 'Point of sail' refers to the direction in which a sailing boat is heading, relative to the direction of the wind. This will usually determine many things such as how we set the sail, where we sit in the boat and what adjustments we should make to the boat's controls! There are six points of sail you should know:



## What is the 'No Go Zone'?

The 'no go zone' is a sector inside which a yacht or dinghy cannot enter and proceed forward, because the sails will not work there! The air pressure required to fill the sails is lost and the sails flap, like a flag.

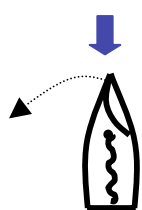


## How do I know where the 'No Go Zone' is?

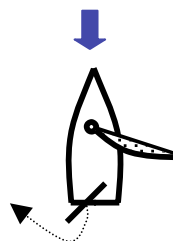
The 'no go zone' always extends from the direction in which the wind is blowing to an imaginary line on either side. The angle between the two will depend on the type of sailboat you are sailing. Most family yachts are able to sail approximately 45° to the wind as shown above.



## What if I get stuck in 'irons; (No Go Zone)?



If you get stuck in the 'no go zone' and the boat stops, the rudder becomes ineffective. By backing the headsail the yacht will bear away from the wind and take you outside the no go zone.



You can also back the mainsail and sail the yacht backwards! When the boat starts to move, use the rudder to steer the stern towards the wind. This will take you out of the no go zone!