

When the boat gets stuck in irons (head to wind) it stops moving forward, and therefore no water is moving past the rudder to make it work and turn the boat.

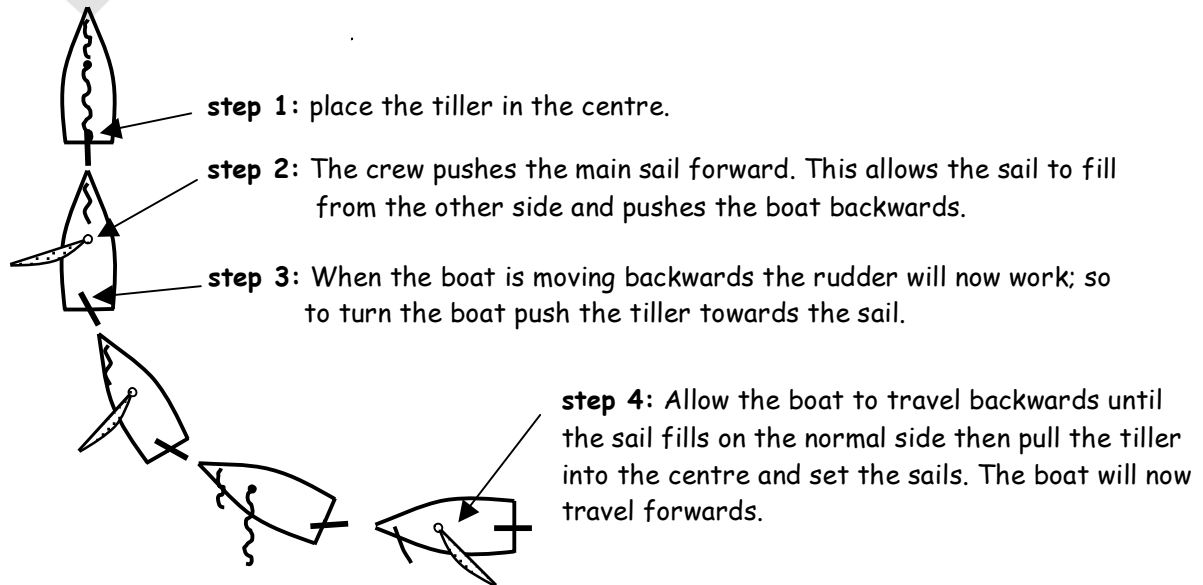
There are two methods to turn the boat and get out of irons:

- ◆ Sail backwards
- ◆ Back the jib

No go zone

Wind

Sailing backwards



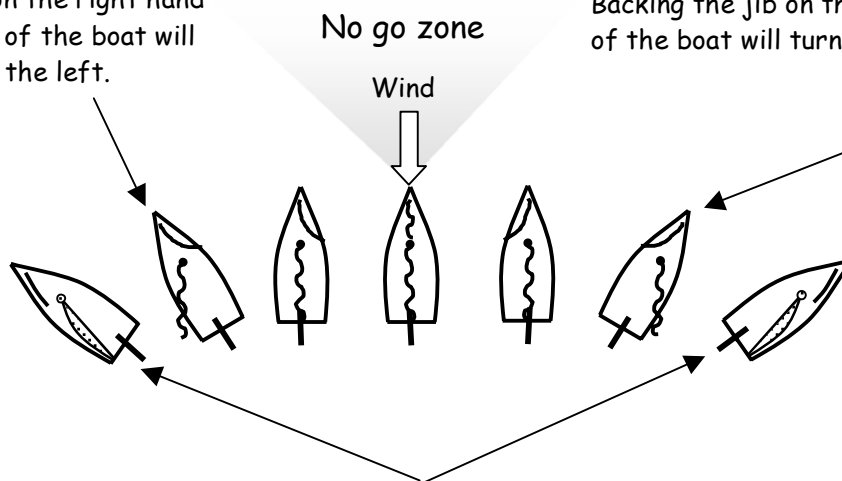
Note: The main sail could have been pushed forward onto either side of the boat to make it sail backwards.

Backing the Jib:

Backing the jib on the right hand (starboard) side of the boat will turn the boat to the left.

Backing the Jib:

Backing the jib on the left-hand (port) side of the boat will turn the boat to the right.



When the front of the boat has moved outside of the no go zone,

- ◆ set the main sail
- ◆ set the jib on the same side as the main sail