

IYT *How to get out of irons.*

No go zone

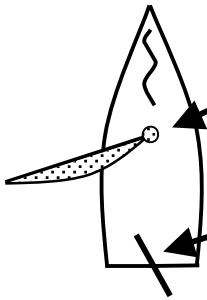
Wind



Sailing Backwards

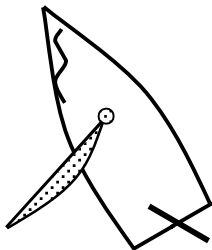


Step 1: place the tiller in the centre.



Step 2: Push the main sail forward.

step 3. To turn the boat push the tiller towards the sail.



step 4: When the sail fills on the normal side.

- ◆ Pull the tiller into the centre
- ◆ set the sails.

